

Meditative Drawing Hour

at St Mary's in the Lace Market

SATURDAY 16TH OCTOBER

Learn to be still, and calm the mind
through the skill of observational drawing.

Come join artist Lorna Hamilton as she helps you to stop and take notice of the spectacular architecture and surroundings of St. Mary's Church. This free workshop will help you embrace drawing in a fresh and inclusive way, so that it improves your ability to see beauty in the things we often overlook. So, if you're the person terrified to pick up a pencil or someone who regularly practises art, come along, anytime between **12noon** and **3pm**, learn something new and find a moment of peace during your weekend.

